



MAIZE & SOYA BREAD

INGREDIENTS

450G MIX
400ML WATER
1TBS OIL
1 EGG
1TSP YEAST

METHOD

Place in bread maker and bake as normal white loaf.

OR

Mix together and bake in oiled tin for 50min at 200°C.

Ingredients: Maize flour, soya flour, potato flour, rice flour, vegetable gums (412) (460), raising agents (500, 575), psyllium

THIS IS ONLY A GUIDE.

PANTRYMAN