



SPELT CAKE OR MUFFINS

INGREDIENTS

500gms Spelt Muffin/Cake mix
125mls Water
150gms Margarine
2 Eggs

METHOD

Combine all ingredients together on low speed for one minute. Scrape down and beat for a further 4 minutes.

Optional addition of fruit and nuts can be added to mixture in the final minute of beating.

Place mixture in greased cake tin or individual patty cases for muffins. Bake at 210°C for 25 minutes for cake and 15 minutes for muffins.

Ingredients: Sugar, spelt flour, maize starch, milk solids, modified maize starch 1422, mineral salts (500, 541), salt, flavour, vegetable gum 415, flavour, food acid 300

THIS IS ONLY A GUIDE.

PANTRYMAN