



STICKY DATE PUDDING

INGREDIENTS

500gms Sticky Date Mix

350mls Water

CARAMEL SAUCE - one small container

METHOD

1. Place Sticky date mix and water in mixing bowl.
2. Mix on low speed for 1 minute.
3. Scrape down, mix on medium speed for a further 3 minutes.
4. Place caramel sauce in the bottom of oven proof bowl.
5. Pour mix on top of sauce and bake at 160°C for approx 50 minutes

THIS IS ONLY A GUIDE.

PANTRYMAN